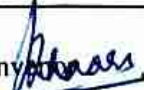


Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student participants
05-12-2022	10 th Inter College Football Tournament	Sports Board, Assam University, Silchar	PANIT BATHARI
to 10-12-2022			JOSEPH LHOUVUM
			JAMES FAIHRIEM
			RAMSIELMIEN PANGAMTE
			GABRIEL HMAR
			OBEDIA HRANGATE
			JEPHTA INTAOTE
			MARK FAIHRIEM (C)
			JOSEPH SONGATE
			MARK ZATE
			KHOUSAHAL LANGTHASA
			STEPHEN HAOLAI (GK)
			SATGIN CHANGSAN
			MARTINJOY NUNISA
			THANGMINLUN SINGSON
			LALNELSON NEINGAITE
			DAVID HMAR
			LALHOHLAN ZATE
15-05-2023	Marathon Race (Boys)	Haflong Govt. College	SEIMINLIEN LHOUIEM
			NGULGOUSANG CHONGLOI
			HEMLAL UPADHAYA
			LACHUMAN BHANDARI
			ISHA L THIEK
			IMMANUEL SONGATE
			RAJDEEP KEMPRAI
			LAMGOUTHANG LUNKIM
			THANGBOI LUNGKIM
			OTHNIEL DARNEI
			HAOMINLUN CHONGLOI


 Convener
 Extra Curricular & Extension Activities
 Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student participants
15-05-2023	Marathon Race (Girls)	Haflong Govt. College	SORNALI DIBRAGEDE
			KILUNGCHULE NEWME
			MILIMHUNGLE NEWME
			ARATI THAPA
15-05-2023	Long Jump (Boys)	Haflong Govt. College	GESUTLUNGBE NDAIME
			LACHUMAN BANDARI
			DAVID HMAR
			SANGRAMMAWI
			ISHA L THIEK
			RAMSIELMIEN PANGAMTE
			SURAJ CHETRI
			JENSHRINGDAO KHERSA
			LAINAH LAMARE
			MINTUSH NAIDING
			SEIMINLOM LHANDUM
			MUNNA DEY
			OTHNIEL DARNEI
			HAOMINLUN CHONGLOI
			THANGBOI LUNKIM
15-05-2023	Long Jump (Girls)	Haflong Govt. College	AMISHA JOHORI
			ANISHA HOJAI
			ELDRIN PAJAMATE
			UNIKY M RALSUN
			NEHA DAULAGUPU
			THANAYA KEMPRAI
			RUTHI KHAWBUNG


 Convener

Extra Curricular & Extension Activities
Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	100m Race (Boys)	Haflong Govt. College	JOSEPH LUNGTAU
			ISHAK L THIEK
			SUREN KHERSA
			LACHUMAN BHANDARI
			MESAK L INTOATE
			SHANU CHETRI
			RAMSIEMLIEN PANGAMTE
			MUNNA DEY
			SANGRAMMAWI HMAR
			MARSHAL KHYRIEM
			SURJA BAHADUR PRADHAN
			SEIMINLOM LHANDUM
			ARJUN THAPA
16-05-2023	100m Race (Girls)	Haflong Govt. College	AMISHA JOHORI
			ASHINA HOJAI
			MILIMHUNGLE NEWME
			ARATI THAPA
			LAMBOIKIM SINGSON
			KEISANGHUNGLE ZANME
			KILUNGCHULE NEWME
			ELDRIN PAJAMATE
			UNIKY M RALSUN
			THANIYA KEMPRAI


 Convenor

Extra Curricular & Extension Activities
Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023.

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	Tug Of War (Boys)	Haflong Govt. College	ISAK LALREM RUOT THIEK
to			KALEBA ROHMINGTHANG VANKAL
17-05-2023			SANGRAMMAWI HMAR
			DAVID HMAR
			JOSEPH LALRAWNGBAWL SONGATE
			RAMSIEMLIEN PANGAMTE
			SEIMINLOM LHANDUN
			MAIRINGDAO DAOLAGUPU
			DERINGJOY JOHORI
			SANDIP NATH
			PRITOM NUNISA
			ROHIT LANGTHASA
			THIRBULJEM HRANGKHOL
			SRINIVAS THAOSEN
			SHRINGPHAIDAO JIDUNG
			GELICA LALROHUOL THIEK
			ROCHUNGHNUNG KHAWBUNG
			EASTER NGENTE
			JOHN Z. HMAR
			LALHUONREM HUOLNGO
			SOLOMON CHANGSAN
			ZINGROSUOK HMAR
			ZAKARIA KHAWBUNG
			MOSES NGAMLAI
			IAINEHSKAM LAMARE
			RAJDEEP KEMPRAI
			MESAK VANLALTAN THIEK
			BAURINGDAO HAPILA
			JANGGOUGIN SITLHOU

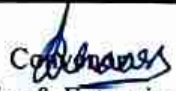

Convener

Extra Curricular & Extension Activities
Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	Tug Of War (Girls)	Haflong Govt. College	JULIET BUONGTHANGMAWI JOUTE
			BETHSEBI HMAR
			UNIKY M RALSUN
			ELDRIN PAJAMATE
			GRACE LALHMATHUOI KEIVOM
			JESSICA ZONUNPUI KHAWZAWL
			VASTY LALTHUOITHLING HMAR
			TINGGEUCHILE NRIAME
			KEYITINGAULE NGAME
			HAIRANGTEULE JEME
			PUNAM JOISHI
			HAMSRINGDI LONGMAILAI
			RINGBITHA NABENSA
			ALITA NABENSA
			ARNIKA WARISA
			NISHA DAULAGUPU
			SOSHMITA KEMPRAI
			PAISMAIDI PURUSA
16-05-2023	Shot-put (Boys)	Haflong Govt. College	RAMSIEMLIEN PANGAMTE
			ARJUN THAPA
			MOSES NGAMLAI
			IAINEHSKAM LAMARE
			RAJDEEP KEMPRAI
16-05-2023	Shot-put (Girls)	Haflong Govt. College	JULIET BUONGTHANGMAWI JOUTE
			BETHSEBI HMAR
			UNIKY M RALSUN
			ELDRIN PAJAMATE
			GRACE LALHMATHUOI KEIVOM
			JESSICA ZONUNPUI KHAWZAWL
			VASTY LALTHUOITHLING HMAR
			ABIGAIL KHAWBUNG


 Extra Curricular & Extension Activities
 Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	Volleyball (Boys)	Haflong Govt. College	JOYHAM THAOSEN
to			PRNOB HOJAI
17-05-2023			CHAUKHAYING JEME
			JAINHAM THOUSEN
			RENISH THAOSEN
			ANUJIT RAJIYUNG
			GELICA LALROHUOL HMAR
			ROCHUNGHUNUNG KHAWBUNG
			EASTER LALRAWNGBAWL NGENTE
			LALHUOLREM HUOLNGO
			JOHN Z HMAR
			ZAKARIA KHAWBUNG
			LALBUNGREM HMAR
16-05-2023	Volleyball (Girls)	Haflong Govt. College	PAUCHANGLAKLE NEWME
to			KILUNGCHULE NEWME
17-05-2023			MAYABI HOJAI
			NEHA DAOLAGUPU
			ARATI THAPA
			PAISMAIDI PURUSA
			HAMSRINGDI LONGMAILAI
			ARNIKA WARISA
			NISHA DAULAGUPU
			PUNAM JOISHI
			RINGBITHA NABENSA
			AMISHA JOHORI
			ANISHA HOJAI
			ELDRIN PAJAMATE
			UNIKY M RALSUN
			NEHA DAULAGUPU
			THANAYA KEMPRAI


Convener

Extra Curricular & Extension Activities
Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	Football (Boys)	Haflong Govt. College	ISAK LALREM RUOT THIEK
			KALEBA ROHMINGTHANG VANKAL
			DAVID RAMSIEMSANG HMAR
			OBED KHOBUNG
			JOSEPH LALRAWNGBAWL SONGATE
			MARK LALTHATLUONG FAIHRIEM
			OBET LANELSON NEINGAITE
			SANGRAMMAWI HMAR
			RAMSIEM LIEN PANGAMTE
			EDDIE LALRINGSAN TONSING
			JAMES LALDINSANG FAIHRIEM
			JOAS RAMHMINGTHANG RALSUN
			SAINSRING PHONGLO
			LALTHOIJEN HRANGKHOL
			BIEHAT KEMPRAI
			RENISH THAOSEN
			RONJOY HOJAI
			AMON THAOSEN
			RINGBANGDAO HOJAI
			DANNY LALREM RUOT DARN GAWN
			DEBOJITH NUNISA
			PRONIT NAIDING
			JEHOVA L. KHAWBUNG
			MARSENA NUNFELA DARNEI
			ELDAD LALSIEMFEL KHAWRAL
			WILLIAM LANGKAI
			RAJDEEP KEMPRAI
			MOSES NGAMLAI
			BAURINGDAO HAPILA
			LAINEH SKAM LAMARE
			JANGGUGIN SITLHOU
			DURGEST WARISA
			RENISH THAOSEN
			ANUJIT RAJIYUNG
			GELICA LALROHUOL HMAR



Extra Curricular & Extension Activities
Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different sports events held during the session 2022-2023

Date of event/activity (DD-MM-)	Name of the event/activity	Name of the organising institution	Name of the student participants
16-05-2023	Football (Girls)	Haflong Govt. College	ABIGAIL KHAWBUNG
			EBENEZER THIEK
			RUTHI LALHLIMUM
			ELIZABETH NGAMLAI
			ELDRIN LALNUNKIM PAJAMATE
			ANNIE RAMHLUNMAWI TUOLOR
			VANLALPAWL ZATE
			UNIKY M RALSUN
			JESSICA ZONUNPUI KHAWZAWL
			FELICIA THIEK
			DEMONI BODO
			ASHINA HOJAI
			NOMROTA LANGTHASA
			SNEHA KEMPRAI
			MONITA NABENSA
			AMISHA JOHORI
			ANNA BEISEITHLING KHOBUNG
			SAANGPUII LALSIM
			MAMU LANGTHASA
			MERCY LALREMTLUANGI HMAR
			NARETH BIEKSANGPUI RALSUN
			YITAHUNGLE ZANME
			MILIMHUNGLE NEWME
			KEYITINGLUNGLE NGAME
			PAUCHANGLAKLE NEWME
			SORNALI DIBRAGEDE
			MAYABI HOJAI
			ARATI THAPA
			LAMBOIKIM SINGSON
			CAVID LALCHEIMAWI BUNGLUNG
			NISHA DAULAGUPU
			PAISMAIDI PURUSA
			SAJINA MAIBANGSA
			HAMSRINGDI LONGMAILAI
			RINGBITHA NABENSA
			ARNIKA WARISA


 Extra Curricular & Extension Activities
 Haflong Govt. College

Haflong Govt. College, Haflong, Dima Hasao

The following students participated in different cultural events held during the session 2022-2023.

5.3.2 Average number of sports and cultural programs in which students of the Institution participated during last five years			
Year-V: 2022-2023			
Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the organising institution	Name of the student winner participants
25-08-2022	Dance Competition (Solo)	Haflong Govt. College	Stanley Hmar (1st Prize)
25-08-2022	Dance Competition (Group)	Haflong Govt. College	Thanaya Kemprai & Group (1st Prize)
			Bipasha & Sumit (2nd Prize)
			NCC Junior Group (3rd Prize)
01-01-2022	Folk Festival	Department of Folklore, Guwahati University	Tinggeuchile Nriame (2nd Prize)
			Sagaihingbe Nriame (2nd Prize)
			Kibamlungbe Newme (2nd Prize)


Convenor

Cultural & Festival Committee
Haflong Govt. College

10th Inter College Football Tournament
Organised by Sports Board, Assam University, Silchar
Duration: 5th to 10th December, 2022
Venue: Sports Complex, AUS



REPORTS

Haflong Govt. College Football Team (men) took part in the 10th Inter College Football Tournament organized by Sports Board, Assam University, Silchar. The tournament was held from 5th to 10th December, 2022 at Sports Complex, Assam University, Silchar. The Haflong Govt. College Football team played the final match on 10th December, 2022 against the G. C. College, Silchar. The football team brought laurel to Haflong Govt. College by becoming the Champion of the tournament.


Convener
Extra-curricular and Extension Activities
Haflong Government College

Annual Sports Meet of Haflong Govt. College
15th to 17th May 2023
Venue: DHS A Playground



HAFLONG GOVT. COLLEGE STUDENT ASSOCIATION
Annual Sports Event Schedule
Venue: N.A. Datasara Stadium



Day 1 (15/05/2023)		Start Time
Flag Hoisting and Inauguration	7:00 AM	
Flag of War (1st round)	8:00 AM	
Flag of War (2nd round)	9:00 AM	
Volley Ball (1st round)	10:00 AM	
Volley Ball (2nd round)	11:00 AM	
Football (1st round)	12:00 PM	
Football (2nd round)	1:00 PM	
Day 2 (16/05/2023)		Start Time
Flag Hoisting and Inauguration	7:00 AM	
Flag of War (1st round)	8:00 AM	
Flag of War (2nd round)	9:00 AM	
Volley Ball (1st round)	10:00 AM	
Volley Ball (2nd round)	11:00 AM	
Football (1st round)	12:00 PM	
Football (2nd round)	1:00 PM	
Day 3 (17/05/2023)		Start Time
Flag of War Final round (1st)	7:00 AM	
Flag of War Final round (2nd)	8:00 AM	
Volley Ball Final round (1st)	9:00 AM	
Volley Ball Final round (2nd)	10:00 AM	
Football Final round (1st)	11:00 AM	
Football Final round (2nd)	12:00 PM	
Football Final round (3rd)	1:00 PM	
Football Final round (4th)	2:00 PM	

HAFLONG GOVT. COLLEGE

INVITATION

Respected Sir/Ma am

The undersigned cordially request your gracious presence & participation in the
Haflong Govt. College Annual Sports Meet

Programme:

15-05-2023 Day 1 6:00 am onwards
 16-05-2023 Day 2 9:00 am onwards
 17-05-2023 Day 3 9:00 am onwards

Venue: DHS A Playground



Joseph Thomas
General Secretary
Haflong Govt. College
Students Association
Haflong, Dima Hasao



Barary

Convenor

Extra-curricular and Extension Activities
 Haflong Government College